

STAGE THREE



40 to 80 or 100 lbs.

Use a booster seat correctly in the back seat every time your child rides in a car.

- † Older kids get weighed and measured less often than babies, so check your child's growth a few times a year. Use a booster seat until your child weighs between 80 and 100 pounds and measures about 4 feet, 9 inches tall. For most children this will be between ages 8 and 12.
- † Tell all drivers who transport your child that booster seat use is a must when your child is in their vehicle.
- † A booster seat uses no harness. It uses the vehicle's lap and shoulder belts only. Be sure the safety belt is properly buckled.
- † Booster seats are not installed tightly. They sit on the vehicle seat; the child buckles the lap and shoulder belt and wears the safety belt like you do. Never use only the lap belt.
- † Use the vehicle's lap and shoulder belts on every booster seat. Never place the shoulder belt under the child's arm or behind the child's back.
- † Again children learn from adult role models.

Car seats are available to eligible Kaw, Ponca and Tonkawa tribal members

To apply for your child's car seat...

- † You must bring your CDIB.
- † You must participate in one-on-one education.
- † Your child should be present so that we can find the right seat for him or her.



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**KAW NATION
INJURY
PREVENTION
PROGRAM**



**Which car seat
is right for
your child?**

Three basic stages of child restraints

The American Academy of Pediatrics recommends a child remain rear-facing as long as possible, up to the weight and height restrictions of the child safety seat.

STAGE ONE



0 to 1+ years



up to 20 lbs.

Use a rear-facing car seat in back seat every time your baby rides in the car.

- † Use the right car seat for your baby's weight and height.
- † Use the car's safety belt or LATCH system to lock the car seat into the car. Your car seat should not move more than one inch from side to side or front to back. Grab the car seat at the safety belt path or latch path to test.
- † Put harnesses through the slots so they are even with or below the infant's shoulders. Be sure the harness is tight so that you can't pinch extra webbing at the shoulder.
- † Adjust the clip to armpit level.
- † Use your baby's car seat facing the rear and reclined no more than 45 degrees, so the baby's head stays in contact with the seat and the baby's airway stays open.
- † Keep your baby rear-facing until at least age 1 and 20 pounds. Use a rear-facing convertible seat longer if the seat has higher weight and height limits.
- † Find where the frontal airbags are in your vehicle by checking the owner's manual.

STAGE TWO



1+ years and up



20+ lbs.

Use a forward-facing car seat correctly in the back seat every time your toddler rides in a car.

- † Use the right car seat with a harness for your toddler's weight and height.
- † Use the car's safety belt or LATCH system to lock the car seat into the car. Follow the same rules as the infant seat.
- † Put harness through slots only in a forward-facing seat. They should be at or above the shoulder level. Some seats require use of the top slots when the seat is forward-facing, so check instructions.
- † Be sure harness is tight.
- † Use the top tether if your vehicle and car seat are both equipped. Tethers limit the forward motion of your child's head in a crash. If you don't have them, contact your car dealer and car seat manufacturer.
- † Adjust the chest clip to armpit level.
- † A child is too big for the seat when the shoulders are above the top slots, the tops of the ears are above the back of the seat, or the weight limit is exceeded. Move to a taller car seat or a booster seat. Many children will outgrow the harness of a forward-facing car seat at age 4 or 5.
- † Be sure all occupants wear safety belts correctly every time. Children learn from adult role models.

Infant seat



Convertible

What you need to know

Use a forward-facing car seat (convertible or combo seat) until the harness no longer fits. Take the next step to a booster seat when you answer "yes" to any of these questions:

- † Does your child exceed the car seat's height and weight limits?
- † Are your child's shoulders above the car seat's top harness slots?
- † Are the tops of your child's ears above the top of the car seat?